

Workshop

Effective Communication A Rewarding Challenge

Friday 20 April, 2012

10.00am - 12.00pm

Facilitator: Marisa Vidaurre



Cooperative communication skills are helpful for work, family, and friendship. Simple yet effective communication skills are challenging and rewarding. Listening, explaining intent, clear expression, open ended questions, appreciation and translating criticism into request are areas of communication covered in the workshop.

Cost : \$80 SACAC/American Club member
\$95 non-SACAC member

Venue: The American Club Atrium Room

To register, please contact:

SACAC Counselling

10 Claymore Hill Singapore 229573

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About the Facilitator:

Marisa Vidaurre holds a Bachelor of Arts in Psychology and Masters Degree in Counseling from George Washington University, USA. She has over thirty years of clinical experience working with adolescents and adults. Marisa has clinical experience working with adults presenting issues such as depression, anxiety disorders, marital conflict, parent/child conflict, aging parents, crisis intervention, grief and loss.

Marisa has extensive experience working in the expatriate community, in multi-cultural settings and with a wide range of nationalities. As a therapist she focuses on support and working with her clients so they can better understand their issues as the first step to coping successfully with them.



Singapore's Comprehensive Mental Health Practice, est. 1973