

Positive Discipline for School-Aged Children (6-12 Years)

Workshop

Tuesday, 21 February 2012

9:30am - 11:30am

Facilitator: Lissy Puno



About the Facilitator:

Lissy Puno holds a Master's degree in Counseling Psychology from Lesley University in Cambridge, Massachusetts, USA. She was appointed a Clinical Fellow in Psychology by Harvard University, trained at McLean Hospital in the children & adolescent program.

Lissy specializes in behavioral and emotional problems of children and adolescents while working with parents, teachers and families. Some areas that her work focuses on are in enhancing parent-child relationships, handling fear and anxiety, school adjustment issues including peer pressure and bullying, managing the teenage years including self esteem and eating disorders, among others. Her extensive experience in child, adolescent and family counseling experience for the past 18 years in the United States, Philippines, Thailand and Malaysia covers diverse cultural groups in the expatriate setting. Her special interests are child/adolescent issues, parenting, marital enhancement including cross cultural relationships and midlife transitions.

Parenting today's school age children has become more of a challenge than before and parents can feel at a loss on how to guide their children. This workshop will start with an assessment of your parenting style and an idea of your child's personality. The participant will gain specific, practical parenting skills in the area of encouragement, communication, problem-solving skills and discipline relevant for school age children that they can practice, use and try out at home. A developmental approach to discipline will be the focus.

Cost: \$80 SACAC/American Club member
\$95 non-SACAC member

Venue: The American Club Atrium Room

To register, please contact:

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