

Workshop

Raising Children with Privilege Asset or Liability?

Thursday, 29th March 2012

9:30am - 11:30am

Facilitator: Suzanne Anderson



Many expatriate children living in Singapore grow up with unlimited opportunities: high standard of education, international travel, helpers in the home, and the freedom that comes with living in a safe country. So how is it that children from affluent, well educated families with economic and social advantages can experience the highest rates of depression, substance abuse, anxiety disorders, somatic complaints, and unhappiness according to Madeline Levine? How do we maximize the opportunities of privilege without letting it become an overgrown belief that they are better than others? How can we raise them with a sense of global community and responsibility that inspires them to contribute? It is natural for parents to desire to raise their children with more than they had; however, it can be the very nature of having less that helps children grow into adults who are motivated to work for more. This workshop will focus on raising healthy expatriate children in an environment of privilege.

Cost: \$80 SACAC /American Club member
\$95 non-SACAC member

Venue: The American Club Atrium Room

To register, please contact:

SACAC Counselling
10 Claymore Hill Singapore 229573
Tel: 6733-9249 Fax: 6733-9321
admin@sacac.sg www.sacac.sg

About the Facilitator:

Suzanne Anderson holds a Masters Degree in Social Sciences (Social Work) from the National University of Singapore and is registered with the Singapore Association of Social Workers. She is a Certified Crisis Responder and Trainer with the National Organization for Victim Assistance in the USA. In addition, she has been a lecturer and tutor for Monash and Edith Cowan Universities' off-shore social work & social science courses. Suzanne has provided crisis response, cross-cultural, social work and parenting training in Singapore and the region.

Suzanne's experience includes working with issues related to grief and loss, adjusting to change and transition, facing life threatening illnesses, new life roles, and trauma related to accident, natural disaster, rape, sexual assault, family violence from a strengths and resilience perspective. Additionally, her experience has included working with adolescents and youth and their parents on issues related to behavior, communication and parenting



Singapore's Comprehensive Mental Health Practice, est.1973